

Swim Classes

As part of our commitment to promoting safety in the community, we offer Learn to Swim classes at the Danbury Community Center pool to keep your family safe when enjoying summer fun. Our courses are taught by American Red Cross certified instructors who are trained to make you feel comfortable, no matter your background and experience, while keeping you safe and teaching you to swim. Before you beat the heat at the Danbury Community Center pool or spend the day cruising on Candlewood Lake, make sure you are a confident swimmer with lessons from the DCC!

Youth Swim Courses

Currently, all children enrolling in swim lessons must be 4 years of age and potty-trained. All swim sessions include 8 classes that are 30 minutes in length. Sessions can be hosted in the following formats:

2 days per week for 4 weeks or
1 day per week for 8 weeks.

Pre-School Level 1 (age 4 years - 6 years):
Introduction to Water Skills: Students will learn how to feel comfortable in the water and safely enjoy it.

Pre-School Level 2 (age 4 years - 6 years):
Fundamentals of Aquatic Skills: Children will learn basic swimming skills

Learn to Swim Level 1 (from 7 years and up):
Introduction to Aquatic Skills: Students will learn how to be comfortable in and enjoy the water safely.

Learn to swim Level 2 (from 7 years old and up):
Fundamentals of Aquatic Skills: Children will learn basic swimming skills.

Learn to Swim Level 3 (from 9 years old and up):
Stroke Development: Additional guided practice will help students improve their skills.



Learn to swim level 4 (from 10 years and up):

Stroke Improvement: Children will gain confidence during swimming lessons, improve their stroke and gain additional aquatic skills.

Learn to Swim Level 5 (from 11 years old and up):

Stroke Refinement: Orienteering allows children to refine their strokes and become more efficient swimmers.

Learn to Swim Level 6 (12 years and older):

Swimming Proficiency and Skills: Students will learn to swim with ease and efficiency, and gain the ability to swim greater distances smoothly. Swimmers will also have the option to participate in more advanced courses.

Swim Lesson Evaluations

Danbury Community Center 

Centro Comunitario de Danbury 

Nadadores Experimentados

SWIMMING
Lessons For Kids
Ages 4 - 15 years

NADAR
Lecciones para niños
Edades 4 - 15 años

Evaluations
Hosted:
August 29 - 31, 2023
5:00 p.m. - 7:00 p.m.
**Reservations required for experienced swimmers
(Evaluations are 10 minutes in length)*

Evaluaciones
Alojado:
29 - 31 de Agosto de 2023
5:00 p.m. - 7:00 p.m.
**Se requieren reservas para nadadores experimentados.
(Las evaluaciones tienen una duración de 10 minutos)*

Registration for beginners:
Ages 4 - 6 years - PreSchool I
Ages 7 & up - Learn To Swim I

Inscripción para principiantes
De 4 a 6 Años - Preescolar I
A partir de 7 años - Aprende a nadar I

Registration Date:
Friday, September 1, 2023

Fecha de Registro:
Viernes, 1 de Septiembre de 2023

Contact Us
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Email: dcc-reception@cifc.org

Contacta con nosotros
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Danbury, CT 06810
Correo electrónico: dcc-reception@cifc.org

Classes begin Tuesday, September 5, 2023

Las clases comienzan el Martes 5 de Septiembre de 2023

For Kids Ages 4 - 15 years

Para niños de 4 a 15 años

Adult Swim Courses

The Learn-to-Swim program allows swimmers to progress at their own pace, mastering one set of skills before moving on to the next. Swimming lessons for adults are available in the following three levels, developed to meet the needs of adult learners:

- Learning the Basics: earn basic swimming strokes and skills needed to stay safe, and help keep others safe in and around the water.
- Improving Skills and Swimming Strokes: Participants will gain proficiency in basic aquatic skills and the six basic swimming strokes.
- Swimming for Fitness: Participants will learn to refine their front crawl, back crawl, breaststroke and turns to build endurance.

Days: *Based on student/instructor availability

Session: 8 Classes - 30 minutes for each class

Fee: \$180 per session (includes 8 classes)

For More Information About Swim Courses

Please Contact the DCC

dcc-reception [at] cific.org

(203) 456-1413