

# CIFC Health Approach

## The CIFC Health Approach

At CIFC Health, you will discover a wholistic approach to medicine that incorporates lifestyle changes, traditional medicine, and modern medicine that is more beneficial for patients than any one approach could be alone. Additionally, the Patient Centered Medical Home approach with the wrap-around behavioral, nutritional, and dental services allow you, as a provider, to really focus on a patient's overall health and wellness, rather than just treating acute problems as they arise.

Our program is also smaller than many of the residency programs at larger institutions and hospitals. This results in better relationships with your peers and the program director. You will find a home at CIFC Health, where you are more than a Doctor, you are a member of the CIFC Family.



## Internal Medicine Residency in a Teaching Health Center

Teaching Health Centers - "THCs pursue a triple mission of high-value, high-quality care; increased access to primary care for urban and rural underserved; and education for 21st Century practice of clinicians needed for health professional shortage areas." [Source 1](#)

*"This is an outstanding program and represents as a state what we need to be doing if we want to lead the way in medical modernization," Malloy said. "This [CIFC/CIFC Health's] program should be replicated throughout Connecticut and in other states."* [Source.](#)

## Did You Know:

Doctors who provide primary care in community-based centers as Medical Residents are 3 times more likely to practice primary care.

## More Resources About THCs, HRSA, and Community Medicine:

- [HHS Awards \\$12 Million to Help Teaching Health Centers Train Primary Care Providers](#)
- [Residency Directors Tout Benefits of Teaching Health Center GME Program](#)
- [Teaching Health Centers: A New Paradigm in Graduate Medical Education.](#)

## **Why a Teaching Health Center?**

### **Internal Medicine Residency in a Teaching Health Center**

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