

Adult Medicine



CIFC Health primary care doctors provide the highest quality of care in a Patient Centered Medical Home. You will have a team of medical professionals working together to keep you healthy and well. With on-site laboratory testing and partnerships with Danbury and Griffin Hospital, CIFC Health can manage your acute and chronic health care needs.

CIFC Health's primary care team is staffed by Resident physicians overseen by an Attending physician, in a model of care found at the nation's most prestigious medical facilities. You can be confident in the quality and comprehensiveness of the care you receive.

Services

Acute Illness Diagnosis and Care
Chronic Condition management and care
Annual physicals
Sports & School Physicals
Vaccinations
Specialist Referrals
Healthy Behaviors Support

Please call (203) 743-0100 to make an appointment



The CIFIC Health Difference



CIFIC Health's approach to your health and wellness goes much further than most other medical offices. CIFIC Health offers an integrative approach to medicine that places the patient at the center. Providing a balance of nutritional, behavioral, and physical care to maximize patient outcomes in the long run.

In addition to providing medications and treatments, our doctors offer individual and group treatments to common problems caused by lifestyle and habits that can be changed. CIFIC Health doctors prioritize acupuncture and soft tissue manipulation techniques over narcotics and nutritional support over injections.

CIFIC has partnered with the United Way of Coastal and Western Connecticut to host the



areas first "Food Farmacy," where patients can get a prescription for healthy foods available to them in a grocery store-like setting. This will be available to individuals with diabetes and other nutrition based conditions.